

## OTHER COURSES

### **CENTRAL YMCA QUALIFICATIONS:**

- Step Exercise to Music (Level 2)
- Training in Different Environments (Level 3)
- Ante & Post Natal Exercise (Level 3)
- Seniors Exercise to Music & Gym (Level 3)

### **ENVISAGE CERTIFICATES:**

- Youth Training
- Exercise Referral update / upskilling
- Specialist training as required

For further information, please contact us on:

**Tel: 01457 864518 or email: [info@envisagetraining.co.uk](mailto:info@envisagetraining.co.uk)**